## BENEFITS OF CHICORY FOR LIVESTOCK



## Chicory...

- 1. Increases the flow of bile which supports digestion
- Contains high inulin concentration which nourishes the healthy flora in the intestines so enhances digestion and helps to eliminate toxins efficiently
- 3. Has antioxidant activity
- 4. Has a potential effect on harmful organisms, it reduces parasitism (nematodes, lungworm, helminth parasites)
- 5. Provides functional support to the liver
- 6. Is palatable and nutritious
- 7. Reduces CH4 emissions by 30%
- 8. Has leaves that are digestible between 90 to 95 %
- 9. Contains high levels of minerals ( essential for proper animal nutrition)
- 10. Contains from 10 to 32 % protein
- 11. Contains sesquiterpene lactones which are antiinflammatory, and sensitize tumor cells to conventional drug treatments

<sup>\*</sup> These facts concern the leaves of the chicory but it is interesting to notice that chicory roots can be harvested. Chicory roots, as with the leaves, are used as a human food ingredients and also provide many benefits to human health.



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